



# OAKMONT NEWSLETTER

December 2023



## VIKING INFORMATION

### Follow us on Social Media!

Facebook: @ohsvikings

Instagram: @theoakmontway

### Bookmark our website!

<https://www.oakmont.org>

### Bookmark our school calendar!

<https://www.rjuhsd.us/Page/2462>

### *Weekly Bell Schedule*

M,T,TH,F: 8:30AM-3:20PM

Wednesday: 9:30AM-3:20PM

## Principal's Message

*I hope all of our students and staff had a restful week with their families. I was able to visit my daughter in college this past week, which was very exciting and sad all at the same time. I suppose that's what this time is all about. We are happy to spend time with our families and sad when we have to leave them again. Fortunately, the winter break is right around the corner, and we get to do it all over again. This is also a good time of year to reflect on what we set out to do this year and consider what we weren't able to do as we had planned. I am grateful for the support I have received from the staff, students, and parents as we navigate the difficult task of running a school. I firmly believe that we are a community with one priority, which is to give our students the best experience and education possible. It saddens me when we don't get it right. It pains me to see a student miss out on a great experience. It hurts to know that there might have been something I could've done differently to ensure every student feels welcome. As we close for the year, I will continue to receive your feedback and reflect on how to strive to be better. Our students deserve that from all of us.*

*Happy Holidays*

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# Upcoming Events

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To view Oakmont's Daily Student Bulletin, visit <https://www.rjuhsd.us/Domain/544>

## December

- 1** Improv Show 7:00pm
- 5** Mandatory 2nd Period Intervention
- 7** Dance Show 7:00pm
- 7** Sacramento State University 1:00pm
- 8** Dance Show 7:00pm
- 9** Dance Show 2:00pm & 7:00pm
- 11** Santa's Helpers
- 12** Student Senate
- 13** Warrior Wednesday-Military recruiters at lunch
- 14** Band Concert 7:00pm
- 15** Club Photo Day
- 15** Secure Safety Drill during 4th period
- 19** Final Exams Period 3 & 4 -Finals Bell Schedule
- 20** Final Exams Period 1 & 2 -Finals Bell Schedule
- 21** No School - Winter Break - *Return Jan. 8th*

## January

- 8** First Day of Spring Term
- 9** Student Senate
- 11** Minimum Day
- 11** Back to School Night
- 15** No School - Martin Luther King Jr Day
- 17** Warrior Wednesday In the Quad
- 25** School Site Council

See the [\*\*Oakmont Calendar\*\*](#) for a list of all Oakmont athletic events and activities.

For a list of College & Career Presentations/Dates, please visit [\*\*https://www.rjuhsd.us/Page/11892\*\*](https://www.rjuhsd.us/Page/11892). Presentations are open to Grade 9-12 students.

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The Roseville Joint Union High School District prohibits discrimination, intimidation, harassment (including sexual harassment) and bullying based on a person's actual or perceived ancestry, color, disability, gender, gender identity, gender expression, immigration status, nationality, race or ethnicity, religion, sex, sexual orientation, or association with a person or a group with one or more of these actual or perceived characteristics. The RJUHSD Nondiscrimination policy applies to any violations as they relate to school activities or school attendance within a school under the jurisdiction of the superintendent of the RJUHSD. For questions or complaints, contact Equity Compliance Officer & Title IX Coordinator: Rob Hasty, Executive Director, Human Resources, 1750 Cirby Way Roseville, CA 95661, 916-782-8663, [rhasty@rjuhsd.us](mailto:rhasty@rjuhsd.us). For questions or inquiries related to 504's, please reach out to our Section 504 Coordinator: Craig Garabedian, Executive Director of Special Services, 1750 Cirby Way, Roseville, CA. 95661, 916-771-6570 [cgarabedian@rjuhsd.us](mailto:cgarabedian@rjuhsd.us)

# YEARBOOK

BUY YOUR YEARBOOK TODAY BEFORE PRICES GO UP!  
Go to [www.yearbookordercenter.com](http://www.yearbookordercenter.com) and type in 17572.

If you would like to celebrate your graduating senior with a dedication, there still may be space. Contact Mrs. Montgomery at [tmontgomery@rjuhsd.us](mailto:tmontgomery@rjuhsd.us)

## SHOW YOUR LOVE

### Create a Yearbook Ad



Don't miss this opportunity to congratulate your graduating senior and express your love.

Go to [yearbookordercenter.com](http://yearbookordercenter.com) to create an ad honoring your child.

## Oakmont High School Code 17572

**Deadline October 31, 2023**

email questions to Traci Montgomery, yearbook adviser  
[tmontgomery@rjuhsd.us](mailto:tmontgomery@rjuhsd.us)

Tech Support while placing ad: 1-877-362-7750


Ad size and formatting options differ based on school choices.



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# Information

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 <p>Oakmont HS</p> <h2>IB Corner</h2> <p>"The IB develops inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through education that builds intercultural understanding and respect."</p> <p>International Baccalaureate Mission Statement</p> <p>For more information about OHS IB program contact Mrs. Carroll at <a href="mailto:kcarroll@rjuhsd.us">kcarroll@rjuhsd.us</a></p>	<p>December's Learner Profile attribute</p> <h2>Knowledgeable</h2> <p>We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.</p>
<p><b>Why IB?</b></p> <p><b>Choosing IB Classes for your 4 year plan!</b></p> <p>Check out the <u><a href="#">Course Catalogue</a></u> <u><a href="#">Click here!</a></u></p> <p><b>Questions? See Mrs. Carroll in 401</b></p>	<p>An integrated program for a student's Jr. and Sr. years, the IB offers a comprehensive curriculum, both broad and deep, which emphasizes rigor and excellence in academic preparation. At Oakmont you may choose the Full Diploma or Certificate Pathway.</p> <p>For the Full Diploma Pathway students</p> <ul style="list-style-type: none"><li>• take one course from each subject group over their Jr. and Sr. years</li><li>• Choose 3 HL courses and 3 SL courses</li><li>• Completes the CORE requirements</li></ul> <p>For the Certificate Pathway Students</p> <ul style="list-style-type: none"><li>• choose courses from any group, schedule permitting</li><li>• If they are intending on taking 4 or more AP or IB courses, they are strongly encouraged to consider doing the full IB Diploma and should visit the IB Coordinator to learn more</li></ul>

## Oakmont Health Careers Academy

Before our Thanksgiving Break, the Oakmont Health Careers Academy took its junior class on a tour of colleges in the Bay Area. The students were able to explore the campuses of UC Berkely, University of San Francisco, Dominican, UC Davis, and Sacramento State. While visiting, Academy students were able to connect with our network of alumni at each school to ask questions and get the kind of information that a webpage simply cannot provide.

Each campus offered different enticing options: city life with lots of room for a growing mind to explore, or a quiet corner of a campus oasis to study in with no distractions. Many of our students had their perspectives on college changed and it opened discussions on what they really want out of a college experience.

The Oakmont Health Careers Academy has been taking its junior class on this tour annually for 20 years and we plan to continue as it is an invaluable resource to our students.

For more information about the college tour or the Health Academy, please reach out to:

Josh Collison  
[jcollison@rjuhsd.us](mailto:jcollison@rjuhsd.us)

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# Information

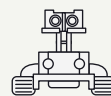
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## Spring Musical Auditions

Are you someone who sings? Are you interested in performing in the Spring Musical? First round of auditions is Dec 13 at 3:30. Start working on any pop, rock, or Broadway song. Prepare 1-2 minutes of singing. If you have any questions, see Mr. Cornfield in M-1

## Join Chess, Robotics, or Esports

PLAY



It's never too late to join Chess, which meets and just casually plays some games in P-1 on Wednesday mornings, or Robotics, which meets during intervention, one lunch, before school on Wednesday, and after school on Thursday and competes once a month in the Placer Advanced Robotics and Technology/VEX League. Meanwhile, esports preseason and practices are already underway but it's not too late to join prior to the main season starting in January. Esports meets after school on Tue-Fri from 3:30-4:30 in IA-2. Contact Mr. Wurden for info on any of these fun groups.

## Academic Plans

Counselors are in the process of teaching students how to access and edit their Academic Plan in Aeries. Families will receive messages home about the lessons. Families are encouraged to review the Academic Plan instructional video prior to working on their plan. Students should use the Sample Four Year Plans in the OHS Course Catalog 2024-2025 to assist with their own planning. Academic Planning will close on December 15. Classes that are in the plan for the 24-25 school year will be submitted as the student's course requests and used in one on one meetings in spring term with the student's counselor.

If you have any questions please contact the counseling team.

<https://www.rjuhsd.us/domain/516>

OAKMONT HIGH SCHOOL DANCE, DEPARTMENT OF PERFORMING ARTS PRESENTS

# THROWBACK 90's DANCE

DECEMBER 7, 8, 9 AT 7PM  
DECEMBER 9 AT 2PM

Please join us for Oakmont's Winter Dance  
- Show 2023 -

**"90s. Throwback. Dance."!!**

*December 7th, 8th, 9th at 7pm*

*December 9th at 2pm*

There are FOUR fun filled shows featuring 120 dance students from Dance 1, Dance 2, Dance 3 and IB Dance.

Music in the show is all from 1990-1999, and we plan to get you grooving along with us for an entertaining 90 minutes.

Tickets go on sale December 4 and are \$10. They can be purchased at Student Services or online at:  
[OakmontDanceTickets.Ludus.com](https://oakmontdancetickets.ludus.com)

\$10 TICKETS

DECEMBER 4, 2023

AT STUDENT SERVICES

OR ONLINE AT

[oakmontdancetickets.ludus.com](https://oakmontdancetickets.ludus.com)





# Oakmont Athletics



We are in full swing with Winter Sports. Be on the lookout for lots of Basketball, Soccer and Wrestling games/matches this month. Oakmont Varsity Girls basketball is bringing back the Oakmont Rotary Tournament on 11/30 - 12/2. The Oakmont JV Boys Basketball Classic will be held 12/14 - 12/16. Huge congrats to Coach Nugent for leading Cross Country on another successful post season "Run" and to Coach Bacchi for guiding Girls Tennis to their 4th straight SJS Team Tennis playoffs! We are excited to celebrate all our ALL FVL Athletes and FVL Scholar Athletes! These 2 FVL awards are very special to receive because they both represent the "Best of the Best" on the field and in the classroom! Congrats and Happy Holidays...Go Vikes!!!

## ALL FVL REQUIREMENTS

MUST BE A VARSITY ATHLETE!

VOTED BY THE FVL HEAD COACHES AS THE BEST OF THE BEST ON THE FIELD!

### FOOTBALL

BEAU OGLES  
QUINN DURAN  
MAC HUGHES

### FLAG FOOTBALL

ARABELLA AYERS

### BOYS CROSS COUNTRY

JOHN CARLSON

### GIRLS CROSS COUNTRY

### GIRLS GOLF

### GIRLS TENNIS

ELAINE WERSCHINSKY  
JULIA WHANG

### GIRLS WATER POLO

PAYTEN HENRY  
TATUM HIOWES

### BOYS WATER POLO

NICK PETERSEN  
GAVIN HOWES

### GIRLS VOLLEYBALL

ERIN HYMAN

## FVL SCHOLAR ATHLETE REQUIREMENTS

MUST BE A VARSITY ATHLETE WHO HAS COMPLETED AT LEAST 3 GRADING PERIODS!

1ST QUARTER GPA MUST BE A 3.5 OR ABOVE

CUMULATIVE GPA MUST BE A 3.5 OR ABOVE

### FOOTBALL

Luke Scott  
Seth Starkey  
Dylan Wagner

### FLAG FOOTBALL

Bailey Blackstock

### BOYS CROSS COUNTRY

Adrian Alcala  
John Carlson  
Patrick Kocher  
Jerrell Reyes  
Xavier Royer  
Michael Sevilla  
Dominic Siino

### GIRLS CROSS COUNTRY

Bella Cunningham  
Emma Fischel  
Lily Harline  
Alia Nguyen

### GIRLS GOLF

Olivia Arreola  
Izabella Barragan  
Hailey Fearn  
Julie Garcia  
Nancy Garcia Diaz  
Brylynn Selos  
Sophia Tun  
Jordan Wilmeth

### GIRLS TENNIS

Enerel Buyanzul  
Sydney Hansen  
Maris Leong  
Kimberly Lum  
Scarlett Martin  
Shakeela McCay  
Julia Whang  
Elaine Wreschinsky

### GIRLS WATER POLO

Jane Calhoun  
Brenda Gonzalez  
Payton Henry  
Tatum Howes  
Calista King

### BOYS WATER POLO

Colin Davis  
Gavin Howes  
Nicholas Petersen

### GIRLS VOLLEYBALL

Morgan Alway  
Sophia Bodnar  
Isabella Peters  
Taylin Presley  
Tori Thompson  
Kaitlyn Vergara  
Cadens White





# College & Career Center

Located near the Library \* Hours: 7:30 AM - 4:00 PM  
[kheadrick@rjuhsd.us](mailto:kheadrick@rjuhsd.us)



## December College Presentations

Check the [College & Career web page](#) often for additions and updates to the College Rep Visits schedule. If you have any questions, or need help, email [kheadrick@rjuhsd.us](mailto:kheadrick@rjuhsd.us) or stop by the Career Center.

Thursday 12/7 - Sacramento State University 1:00PM to 2:00PM in the Library. Go to the college & Career Center to sign up, or scan the QR code.



SACRAMENTO STATE



## Sierra College Office Hours at OHS

Sierra College schedules time each year to help our students who are interested in Priority Registration or Dual enrollment. Below are the times Sierra will be in the College & Career Center for the month of October. Email Mrs. Headrick at [kheadrick@rjuhsd.us](mailto:kheadrick@rjuhsd.us) to sign up.



12/07 - 11AM to 1:50PM

## FREE College Applications

More Colleges and Universities are offering FREE applications. The ones that have recently shared this are Seton Hall University, University of Nevada Reno, Utah Tech University, Jessup University and Oregon Tech .

To search for other colleges, [click here](#) or go to <https://www.niche.com/colleges/search/colleges-with-no-application-fee/>

- There are 2,803 Colleges and Universities offering free applications in America, 307 of those are in California.
- There are 1,060 -4 year Colleges and Universities, public and private in America, 59 of those are in California.

Hope this helps you save some money! Happy Applying!

## Financial Aid

The Financial Aid Application will be available by 12/31/2023. Set up your FSA ID early by clicking [here](#). If you would like an estimate now, then click [here](#).

<https://studentaid.gov/h/apply-for-aid/fafsa>

<https://studentaid.gov/aid-estimator/>